

September, 1985

## ANNUAL DINNER MEETING

Friday, October 11 6 p.m.  
Cafe Carlo, 21st and L streets  
RSVP by October 8 - 446-5472, M-F, 8-5

Networking begins at 6 p.m., Dinner & Program at 7 p.m.

**SPECIAL PROGRAM:** Robin Pulliam, Financial Planner

To attend you must RSVP and make your selection of entree (pasta salad, chicken breast or red snapper) by Oct. 8. The dinner will cost \$10.00 for members (\$15.00 for non-members). This includes entree, coffee, tax and tip. Cocktails are extra. The annual meeting will be held from 8:15 to 9:00 p.m. This will include elections for the steering and nominating committees. Only members who are paid in full will be able to vote. See you there.

At the last meeting Judith Chalk gave a terrific talk by the campfire on sports medicine and chiropractic. About 60 women attended. Thank you Judith and hostess Robin Pulliam for a great evening.

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Be a part of SACWN's first special event of the season

## A WINE COUNTRY TOUR of the Sierra Foothills . . .

. . . on Saturday, Oct. 19 from 10 a.m. to 7 p.m. We'll visit three wineries, Boeger, Baldinelli and Amador Foothill, stop for a picnic lunch along the way (so bring your goodies) and spend a little time in the town of Sutter Creek before returning home. The cost is \$10.00 per member (\$15.00 for non-members). Come along for a fun and relaxing day in the mountains. Experience the "new" wine country during harvest time and the Sierra foothills during Fall. Call Gail for reservations (448-5463 wk/455-7432 hm). The trip is limited to 39 people so call early.

## Committee News:

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The **Nominating Committee** co-chairs are Roxanne Hardenburgh (from the general membership) and Lu Hoge (from the Steering Committee). At the September 30th meeting, it was determined that every effort would be made to have 2 people for each position on a slate to be presented to and voted on by the membership at the October general meeting. The present officers as well as the general membership would be contacted either through personal contact or by way of the September general meeting to identify those women who are interested in the positions. Of course, the nominating committee will accept nominations from the floor prior to the call to vote at the elections at the October meeting.

Statements from those women who have expressed an interest in serving on the Steering Committee are listed below.

1. **Gail Mancarti** — "I wish to offer my nomination to the SACWN Steering Committee. If you need further information about my reasons or qualifications to serve on the Steering Committee please contact me." NOTE: Gail is on the Steering Committee as well as serving on the Nominating Committee.

2. **Barbara Brass** — "I will accept the nomination to serve on the Steering Committee for SACWN. Thank you."

3. **Cecile Wood** — "I have been asked if I would like to have a position on the Steering Committee. I have been in the group almost since its beginning. I have been involved in many women's organizations in positions from president on down. I feel I can offer much to the Women's Network to help insure its continued growth in our lesbian community."

4. **Jayne Rountree** — "Currently I am serving on the SACWN

Steering Committee. I have served on numerous boards and committees in the past and am willing to continue in this capacity. Thank you for the opportunity to work with this group from its inception and I offer my assistance in the future if chosen."

5. **Mary J. Booth** — "During my career, I've seen and enjoyed the many benefits of personal relationships carried into business. I look forward to the chance to bring my leadership and administrative skills to SACWN. Now I hope to expand my circle of friends, meet and interact with more of you and, hopefully to contribute to our community."

6. **Ruth Hobbs** — "I have been part of the SACWN meetings for the past year and have served on the Steering Committee since its inception. I would like to continue to serve on the Steering Committee. Thank you."

The **Program Committee** is looking for 3 volunteers from the membership to give a 5-minute presentation on their business and career interest at the October dinner meeting. Please call Sandy at 483-7568 before October 11 to sign up. Also, don't forget to bring your business cards and flyers to share for upcoming events for posting on our display board and in our card book.

**ATTENTION: Health Professionals!** You will be receiving by mail a form concerning our upcoming program, "AIDS: It's Effect on the Lesbian and Gay Community in Sacramento." We want to make this an informative and thought-provoking panel program. Any input from our membership will be appreciated and encouraged. This particular program is tentatively scheduled for November.

This is your network. Let us hear from you. Next program committee meeting is October 5, Saturday, 9 a.m., Good Earth Restaurant, Howe & Arden. All members welcome. RSVP by Oct. 4.

### Sacramento's First Lesbian Cultural Celebration

Nov. 8-10 at CSUS

Sponsored by NOW Lesbian Rights Task Force and  
CSUS Women's Studies

Featuring Judy Graham, Readers Theater,  
films, workshops, music and arts.

Saturday night dance to the Alberta Jackson Band.  
Pre-registered, \$25.00. Call Audrey Mertz, 446-2997.

**Fundraiser Brunch** October 20, 11 a.m. - 2 p.m.  
Once in a Blue Moon (\$5.00 quiche, fruit, coffee, 2 drinks)

**China in Pictures** . . . slide presentation/discussion of a recent trip to China will be presented by Remy Ceci, Image Makers Studio, 2405 Capitol Ave., Friday, October 18 at 7 p.m. \$1-3 donation (more info, 455-8054).

Learn to control your weight and feel great. **Women's Health Retreat**, Nov. 2 and 3. Call Mitzi Jones, Successful Weight Control, 962-1552, or Stephanie Bullen, River City Nutrition, 448-9019. Plan now.

## Join SACWN Now!!

The new membership year for SACWN starts October 1, 1985. Send your application and \$10.00 fee to avoid being dropped from the mailing list. SACWN is a professional business network organization for lesbians. SACWN offers business related programs, workshops, seminars and other special events at a reduced price for its members.

### Application for Membership

Name: \_\_\_\_\_  
Last First Middle Initial

Mailing Address:

Street

City

State

Zip Code

### Sacramento Area Career Women's Network

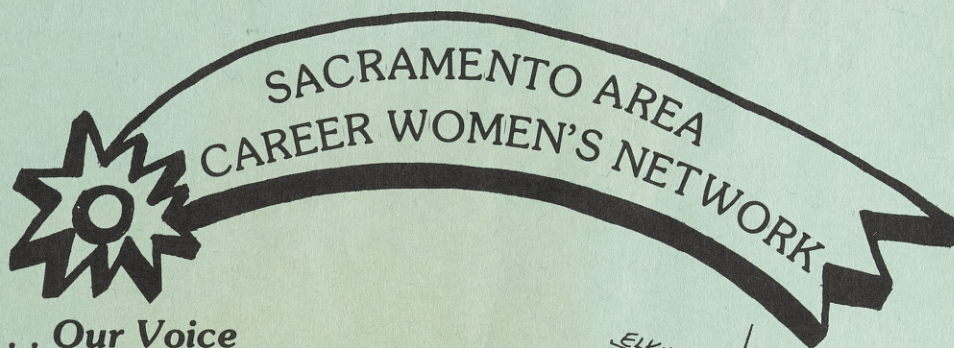
Phone: Hm ( ) \_\_\_\_\_ Wk ( ) \_\_\_\_\_

Career Interest: \_\_\_\_\_

Applications should be mailed, with check for \$10 payable to  
SACWN, to:

Lu Hoge  
155 Inner Circle Davis, CA 95616





## Your Voice . . . Our Voice

Our next potluck will have a different flavor to it —toasted marshmallows! Be there:

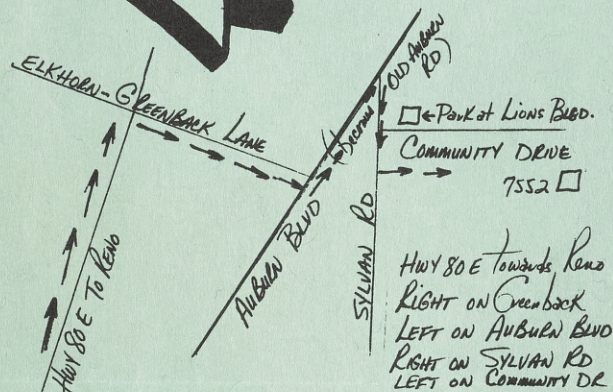
### Potluck:

Friday, September 13 6:30 - 10:00 p.m.  
7552 Community Drive, Citrus Heights

Networking begins at 6:30 p.m., Dinner at 7:00 p.m. and  
Program at 8:00 p.m.

### Special Program:

Judith F. Chalk, D.C., Chiropractor/Sports Medicine  
"Sports Medicine"



A volleyball net will be up. Bring lawn chairs, blankets, warm clothing, and marshmallows for the campfire, beverage and dish to share. Musicians! Bring your guitars, etc. for the campfire after the program. Paper goods, charcoal, wood & sticks for the marshmallows will be provided, but we all have to help clean up. See you soon.

At the last potluck, openings were filled on the Special Events, Membership and Nominating Committees. We heard short, interesting talks on acupuncture (April Ertel), sports medicine (Judy Chalk), law/business (Rosy Metrailler), respiratory therapy (Jeanette Hess), natural food stores (Phyllis Coffee), financial planning (Robin Pulliam), and odd jobs & dental hygiene (Courtney Bullen). In addition, we decided to try having some Friday night meetings. We also asked the Program Committee to scout around for a restaurant with reasonable prices where we could have non-potluck, dinner meetings.

## Committee News:

**The Steering Committee** will meet at 6:30 p.m. at the Cafe Carlo (2110 L Street) to test the food. All members welcome to attend.

**Nominating Committee:** In October SACWN needs to elect four people to the **Steering Committee**. If you would like to be a candidate for one of these seats (or know of someone who would like to) please call a member of the Nominating Committee: Karen, 447-1240; Gloria, 424-9464; Lu, 372-0507; Roxanne, 455-1983; or Rosy, 447-7255. The terms are for 2 years and the Steering Committee

is responsible for the overall guidance of SACWN. Deadline for nominations is September 27.

**The Newsletter Committee** has been approached by members wanting to run ads in the newsletter (e.g. rooms for rent, services, etc., at \$5 for a camera-ready ad, business card size). Any comments? Please call Marta at 456-9312 with your input.

The next **Program Committee** meeting will be Saturday, August 24th at 9 a.m. at the Good Earth Restaurant (Howe & Arden). All members welcome. For comments and/or info call Sandy Nance at 483-7568.

## Why Join SACWN?

SACWN is a professional organization for lesbians offering contacts and resources for business and professional women. It also provides a forum for the exchange of ideas related to business and career issues. SACWN offers special events, a monthly newsletter, committee membership and networking opportunities. The Steering Committee hopes this organization will become a step ladder to visibility and leadership development in the lesbian business community. Towards this goal, SACWN will offer business programs, workshop seminars, special interest groups and a business directory.

We hope you'll join now and offer your support as well as receive benefits from the support of other career-oriented women. Just complete and return the attached application along with your check for \$10.00 payable to SACWN. This membership fee pays for cost of the newsletter, paper products for potlucks, etc. which facilitate our networking with one another.

Thank you

## Application for Membership

Name: \_\_\_\_\_  
Last First Middle Initial

Mailing Address:

\_\_\_\_\_  
Street  
\_\_\_\_\_  
City State Zip Code

## Sacramento Area Career Women's Network

Phone: Hm ( ) \_\_\_\_\_ Wk ( ) \_\_\_\_\_

Career Interest: \_\_\_\_\_

Applications should be mailed, with check for \$10 payable to SACWN, to:

Lu Hoge  
555 Douglas Street, #96, Broderick, CA 95605